

PROFESSIONALS WHO MAY HELP

- Occupational Therapist:** An occupational Therapist (OT) looks at how you are functioning in everyday life at home and/or at work and how this may have changed since your injury. They may assist in showing you new ways to do things or suggest equipment to assist you. They may also assist with your return to driving.
- Social Worker:** A social worker can assist you to deal with the emotional and social results of acquired brain impairment. This can include assisting you and your family to adjust to changes in lifestyle, relationships and work leisure situations. This assistance can be in the form of counseling, support and advice and information on other services and agencies.
- Neuro-psychologist:** A neuropsychologist can assess the areas of your brain affected by a head injury. They can explain why things are happening, what problems this may cause and to look at ideas of improvement.
- Physiotherapist:** The physiotherapist helps maximise physical functioning after a head injury. They can assess and treat your posture, mobility, muscle strength, sensation, co-ordination and fitness. They can also give you advice on aids and splints.
- Speech Therapist:** The speech therapist can assist you if you have communications problems. This includes assessment and treatment of your understanding of speech, how you express yourself and your reading, writing skills. They can also improve how you communicate with others socially and advice on swallowing and hearing.
- Psychiatrist/Psychologist:** These therapists treat psychological and emotional problems and can help with personal adjustment.

- General Practitioners:** Your General Practitioner is always available for medical support and can refer you to other services or specialists for assistance.
- Neurologist:** A neurologist specializes in diagnosis and treatment of disorders of the brain stem, spinal cord, nerves and their functioning.
- Neurosurgeon:** A neurosurgeon operates on the brain, brain stem, spinal cord and nerves.
- District Nurse:** District nurses assist and treat people with head injuries in their own homes.